



# *‘The Bittern Buzz’*

~ Newsletter ~

Term 2 2019 - Issue #

## Mothers Day Tea Party

Thank you to the Mums, Grandmothers and Friends who came to our Mothers day tea party! Yummy food, tea, coffee, popcorn and a relaxing movie with our kids.

WE'RE ALL  
MAD HERE




### DIARY DATES 2019

#### MAY

**27th CURRICULUM DAY**  
**STUDENTS DO NOT**  
**ATTEND**

#### JUNE

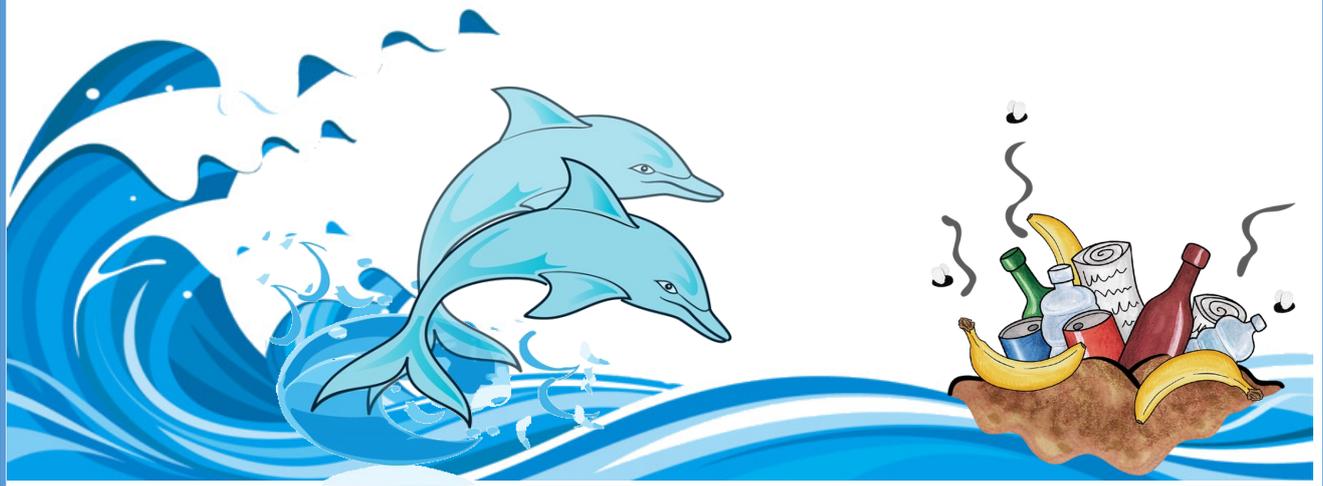
**10th** Queen's Birthday  
**11th** School Council  
Finance Meeting  
**13th** World Oceans Day  
**18th** School Council  
**21st** World Music Day  
**26th** 3-way Conferences—  
3.30pm—6.30pm  
(Parent Teacher Int.)  
**28th** FREE Dress Day  
Toy Donation  
**28th** Last Day of TERM  
2:30pm Finish

# Out & About

## I SEA I CARE

On Monday 13<sup>th</sup> May, our “I Sea I Care” Ambassadors travelled to Mt Eliza Primary School for an interactive workshop with Ambassadors from other schools. They had a great experience learning about marine life, habitats and the ocean. Dolphin Research Institute’s message for us is to “reduce our waste!”

**Did you know.....** that a garbage truck of rubbish is dumped into our ocean every minute of every hour of every day?





## Interschool sports—An update from Mr E

### **Interschool Sport – This Thursday 23rd v St Joseph’s PS @ Bittern**

Games will start at approximately 1.30pm and depending on what sport your child is selected for, they will be held at the following locations;

Football and Soccer – Graham Myers Reserve

Netball – Bittern Primary School

There is no Softball this week as St Joseph’s does not have a side.

Most students who are in this side have expressed a willingness to play soccer as St Joseph’s have two soccer sides. If your child is one of these they will have to bring shorts, boots if owned and mouth guards are recommended.

Could students bring appropriate attire to games. Football and soccer jumpers are supplied. Netball bibs and skirts are supplied. **Mouth guards are recommended in football and soccer.**

### **Interschool Sport Report– Last Thursday 16th v Crib Point PS @ Crib Point**

Well the excitement was dialed up to 10 as we ventured down to Crib Point PS for our first round of the year in inter school sport.

The emphasis on this four week block of sport is about enjoyment and participation. Although winning is fun, we only loosely keep scores. The serious stuff is for Winter Lightning Premiership which is in week 8, June 13<sup>th</sup>.

We aim to give everyone their first sporting preference but sometimes it just doesn’t work and we have to go to the second or even third preference. However, as students move through the school and gain seniority, they are more likely to get their first preference.

Miss Farrugia is claiming the vacated position of team manager for the national women’s side after gaining a maiden win on her coaching foray into soccer. Word has it, she is watching English Premier Division every night for tips. Soccer won, 2 – 0.

Mrs Evans had a mixed result with the navy netball side losing and sky side winning. Like all apprentice coaches, blame was being laid at the selection table and there are some tough committee calls this week with the possible renegeing of a contract extension to the netball coaching position. We are bolstered by the return of Jake ‘The Peg’ Laity to the coaching ranks but all were impressed with the player’s efforts last week with lots of smiles all around.

Coach Wilkinson was also up for a maiden win in the softball cruising to a 9-2 victory in the bottom of the third innings. Although she was spotted frantically two minutes before the game trying to decipher the rules, some sensational work in PE sessions saw the team over the line.

The football was simply a delight to watch with Ashlyn ‘The Enforcer’ Dorrington taking over ruck duties from Harley ‘The Hammer’ Gatiss. The footballers were prepared to run off and not one ‘kick it to me, kick it to me’ was heard for the day. Score line - Bittern 7.4 – 46 to 2.2- 14.

Go Bittern!



# what's cooking



As usual, the lovely Brenda has been busy “cooking” up ideas to keep it fun in the kitchen! This week the kids are cooking Potato and Rosemary Pizza, and everyone's favorite... Spaghetti! Don't forget... the girls in the office love leftovers!

We've included the Potato Pizza recipe in this weeks newsletter. Give it a try at home and let us know how it went.

## Potato and Rosemary Pizza

### Ingredients

#### Pizza dough

1 cup S.R Flour

1 Cup Plain Flour

¾ cup water

1 tb spoon oil

#### Pizza topping

50g Parmesan cheese

3 medium potatoes

¼ cup Olive Oil

1 clove crushed garlic

1 tpsn salt

Freshly ground pepper

### Method

Place all ingredients into the food processor and blend until all mixed into a ball.

Knead on a floured surface for about 3 min. let stand for 5 mins and then roll out into a pizza shape.

Place the rolled out pizza onto a pizza tray.

Thinly slice the potatoes, mix the oil and garlic together and spread over the pizza base then place the thinly sliced potatoes on the base, then salt and pepper.



YUM  
YUM!!!



# Bittern P.S Sports Tops

We are about to do our annual sports tops order. Orders are being taken now, and will close on **Wednesday 5<sup>th</sup> June**.

These tops are predominantly to be worn on PE days and for interschool sporting events. The tops are a cool design, using a modern mesh fabric with children's first names personalised on the back. We are encouraging all children to purchase a sport uniform so that we present as a unified team at inter-school sports events and PE sessions.

If you missed out on ordering these in the past or have a younger student (these are predominantly for Grades 3 – 6, but we are more than happy for younger children to wear them), please place your **order by Wednesday 5<sup>th</sup> of June**. Approximate delivery is 4 weeks from date of school order, so we expect to have them midway through the term.

There will be sizes in the office from **the advertised order commencement date** if you would like to try one on.

Names printed on the back of tops will be first names as they appear on your child's birth certificate (nicknames will not be used). If you require an alteration to names, for example, on the birth certificate is 'Lachlan' however he is known as 'Lachie' you will need to indicate the change on the form below. They cannot be changed once the order is submitted and refunds will not be given.

The price of the top is **\$35.00 (incl GST) and must be pre-paid**. So **HURRY, HURRY, HURRY !**





# My Body Safety Rules

## My body is my body and it belongs to me!

I can say, 'No!' if I don't want to kiss or hug someone.  
I can give them a high five, shake their hand or blow them a kiss.  
I am the boss of my body and what I say goes!



## I have a Safety Network

These are five adults I trust. I can tell these people anything and they will believe me.  
If I feel worried, scared or unsure, I can tell someone on my Safety Network how I am feeling and why I feel this way.



## Early Warning Signs

If I feel frightened or unsafe I may sweat a lot, get a sick tummy, become shaky and my heart might beat really fast.

These feelings are called my Early Warning Signs. If I feel this way about anything, I must tell an adult on my Safety Network straightaway.



## Secrets

I should never keep secrets that make me feel bad or uncomfortable. If someone asks me to keep a secret that makes me feel bad or unsafe, I must tell an adult on my Safety Network straightaway!



## Private Parts

My private parts are the parts of my body under my bathing suit. I always call my private parts by their correct names.  
No one can touch my private parts.  
No one can ask me to touch their private parts. And no one should show me pictures of private parts. If any of these things happen, I must tell a trusted adult on my Safety Network straightaway.



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## PLAYGROUND

Thank you to our school community for the support and understanding around the local council's decision to remove their playground which Bittern Primary School students utilised during school hours.

We will be working towards a solution as a school community.

Any updates and next steps will be added to the Bittern Buzz. Please keep an 'eye' out to see how you can support Bittern Primary School.

## PROTECT

Everyone has the right to be safe and be protected from abuse.

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility.

Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources  
[www.education.vic.gov.au/protect](http://www.education.vic.gov.au/protect)

