



'The Bittern Buzz'

~ Newsletter ~

Term 2 2019 - Issue #



World Oceans Day

World Oceans Day is a global day of ocean celebration and collaboration for a better future. A healthy world ocean is critical to our survival. Every year, World Oceans Day provides a unique opportunity to honour, help protect, and conserve our world's shared oceans. Last week, our very own Rose put forward an idea to Mrs Dolan. Rose's idea is for Bittern Primary School to be "plastic free" on Thursday 13th of June in honour of World Oceans Day.

We love your growth mindset, Rose!



Visit <https://www.worldoceansday.org/>

#togetherwecan

DIARY DATES 2019

JUNE

- 10th** Queen's Birthday
- 11th** School Council Finance Meeting
- 13th** World Oceans Day—Plastic Free @ Bittern P.S
- 18th** School Council
- 21st** World Music Day
- 21st** **FREE Dress Day—Motor Neurone Pyjama Day**
- 26th** 3-way Conferences—3.30pm—6.30pm (Parent Teacher Int.)
- 28th** **FREE Dress Day Toy Donation**
- 28th** *Last Day of TERM 2:30pm Finish*

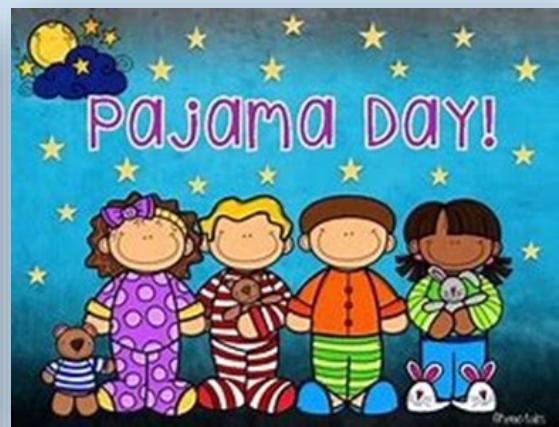
Raising awareness



Motor Neurone Disease (MND)

Motor neurone disease (MND) is the name given to a group of diseases in which these neurones fail to work normally. Muscles then gradually weaken and waste, as neurones degenerate and die. Nerve cells (neurones) control the muscles that enable us to move, speak, breathe and swallow.

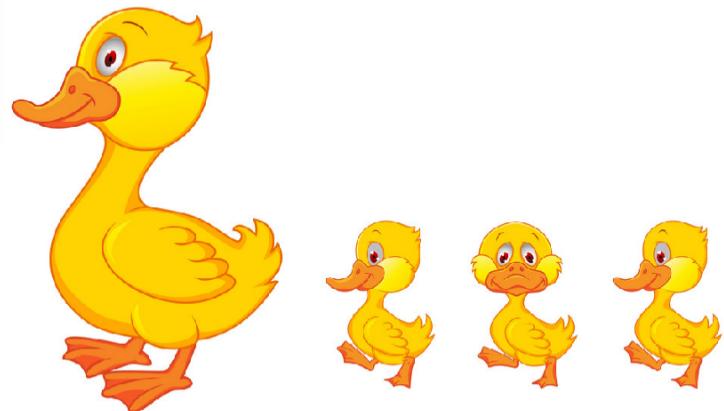
On Friday 21st of June, we will be having a free dress day - pyjama themed! Please come to school in your pyjamas and bring a handful of silver coins to donate to MND Australia. As a school, we will be spelling out "MND" with the coins prior to donating them.



Out & About



Lovely weather... if you're a duck!!



Luckily the weather is looking lovely for our trip to Tall Ships in Melbourne on Friday!

Stay tuned for photos in our next Newsletter.



SPORTS



NEWS

Well what a week in sport. Basically there wasn't one (QUACK QUACK QUACK!). It was our bye round but a bit is happening on the horizon.

This week we host Tyabb Rail at home and then we build to our Lightning Premiership on the 13th of June. It's all teams out as we battle to represent the district at either football, netball, softball or soccer. The coaches are frantically moving the magnets to get the combinations right.

Notes have gone home and we are ready to go.

A forward warning - swimming lessons will be offered again this year for grades 3 to 6. These will be held at Core 24 in Somer-ville rather than Pelican Park. Sessions will be held in weeks 8 and 9 of third term so a note will go home soon for indicative numbers. Cost at this point will be around \$90 for 8 sessions.





what's cooking

Brenda and the children are busy in the kitchen still cooking up a Spaghetti storm. Enjoy this favorite winter warmer with the children on the weekend... don't forget the garlic bread!

Spaghetti and Napolitana Sauce

Ingredients

1/4 cup olive oil
Salt and Pepper
1 quantity of fresh pasta
700g mashed tomatoes
Bunch of basil (1tsp chopped)
2 tablespoons of chopped parsley
1 small onion
1 cup grated tasty cheese
500g cherry tomatoes
2 gloves of garlic uncovered



Method

- ◆ Fill large saucepan with water and put on stove to boil.
- ◆ Peel and finely chop the garlic and onion.
- ◆ Using a medium saucepan, add olive oil and heat to a medium heat.
- ◆ Add onion and garlic, then stir with a wooden spoon.
- ◆ Roughly chop the cherry tomatoes and add to saucepan with onion and garlic.
- ◆ Add bottle of mashed tomatoes and season with salt and pepper.
- ◆ Wash and finely chop the basil and add to the pasta sauce.
- ◆ Bring tomatoes to the boil, reduce the heat and simmer.
- ◆ Once pasta is cooked, serve with parsley for garnish and lots of CHEESE CHEESE CHEESE!



A few notes..



Woolworths Earn and Learn has already kicked off for 2019. We have a drop box at the office for you to drop your stickers into. Don't forget to ask Grandma, Nan, Grandpa or Pop to save their Earn and Learn stickers for you. Let's give Bittern P.S the best chance possible to get new equipment for our classrooms!



We are currently looking for donations of Lego. We don't require any sets, we are looking for any loose pieces that you aren't using anymore for our STEM challenge. Thank you!



The School Dental Van will be coming to Bittern Primary School in Term 3. Consent forms were sent home last Friday, please ensure these are completed and returned to school no later than Monday 17th June. If you do not want your child to attend the School Dental Van, feel free to drop into the office and let us know.



Now that we are in Winter, please ensure your child brings the appropriate clothing to school with them. Feel free to buy plain navy blue jumpers, as we have iron-on Bittern P.S logos available for purchase in the office for \$2. Have you lost your school uniform? Come to the front office and we'll have a look in our ever-growing lost property tub!



Mindful Matters

SUDOKU

A man loses his golden ring from his finger. After some frantic searching he finds it. What will he do immediately the moment after he finds the ring?

			2
4			
			1
2			



FUN FACT



Word Puzzle	
leg	r i e g w
beg	b e g n s
met	h s v e t
pet	p e t w h
vet	c f m e t



My Body Safety Rules

My body is my body and it belongs to me!

I can say, 'No!' if I don't want to kiss or hug someone.
I can give them a high five, shake their hand or blow them a kiss.
I am the boss of my body and what I say goes!



I have a Safety Network

These are five adults I trust. I can tell these people anything and they will believe me. If I feel worried, scared or unsure, I can tell someone on my Safety Network how I am feeling and why I feel this way.



Private Parts

My private parts are the parts of my body under my bathing suit. I always call my private parts by their correct names. No one can touch my private parts. No one can ask me to touch their private parts. And no one should show me pictures of private parts. If any of these things happen, I must tell a trusted adult on my Safety Network straightaway.



Early Warning Signs

If I feel frightened or unsafe I may sweat a lot, get a sick tummy, become shaky and my heart might beat really fast.

These feelings are called my Early Warning Signs. If I feel this way about anything, I must tell an adult on my Safety Network straightaway.



Secrets

I should never keep secrets that make me feel bad or uncomfortable. If someone asks me to keep a secret that makes me feel bad or unsafe, I must tell an adult on my Safety Network straightaway!



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ELYSIUM OSHC

Elysium OSHC is a dedicated Outside School Hours Care provider. We conduct fun and interactive programs at Primary Schools in Victoria.

Programming

Our programming is inspired by the children and the school community. Every week we deliver a new and exciting program that is inclusive and interactive. The children have a large influence over the programs and shape the daily activities through their words and personal experiences.

The children have a great range of art & craft activities, technology, cooking and online group games to choose from, depending on the day they attend.

Our Mission

Our main aim is to provide a fun and safe environment for the children to develop their skills and relationships.

We like to challenge the children in many ways to help foster the growth of their capabilities in an environment created for them.

The cost of OSHC care

Typical fees OSHC Care are:
Before School Care - \$18-\$19.50 After School Care - \$20-\$24 Vacation Care - \$90-\$120

ELYSIUM OSHC is an approved provider and is registered to receive the Child Care Rebate. Billing cycles are fortnightly and are deducted through our online system via bank or direct.

Moonlit Sanctuary

the best way to see Aussie animals

Moonlit Sanctuary Keeper Club

Kids enjoy environmental activities, animal encounters and native animal care. Day includes: interactions with dingo, python, off-limits animals, feeding animals & food prep, animal enrichment activities. Learn about our animals, their conservation and the environment. For ages 7-14 years.

Winter 2019 school holiday dates:

- Week 1: 1 July, 2 July, 3 July, 4 July, 5 July
- Week 2: 8 July, 9 July, 10 July, 11 July, 12 July

Cost: \$90.00 per day, or \$250 for 3 days (pro rata for additional days).

Maximum 16 children per day.

Bookings essential as spaces are limited

Dress for the weather and wear closed-toe shoes, long pants and remember your hat or raincoat. BYO lunch or purchase at the café.

Moonlit Sanctuary

550 Tyabb-Tooradin Rd, Pearcedale

Phone 5978 7935

Web: www.moonlitsanctuary.com.au

Open daily between 10am and 5pm



PROTECT

Everyone has the right to be safe and be protected from abuse.

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility.

Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources
www.education.vic.gov.au/protect

